

Our Symposium Presenters

Eugene Perlov, MD

Dr. Perlov is a Regional Medical Director at VNSNY Hospice Care and the Medical Director for the VNSNY Pediatric Palliative Care Program. He received fellowship training in pain medicine and palliative care at Memorial Sloan-Kettering Cancer Center, and is pursuing training in integrative and holistic medicine, which has included a certification in hypnotherapy. He applies integrative modalities for symptom management of VNSNY patients as well as in his integrative palliative care practice.



Judith L. Schwarz, RN, PhD

Dr. Schwarz is the Clinical Coordinator for Compassion & Choices of New York and the Regional Clinical Coordinator in the Northeast for the national Compassion & Choices End of Life Consultation Service. She publishes regularly in nursing and palliative care journals and lectures widely on ethical and clinical issues in end of life care. She became an RN at St. Luke's Hospital School of Nursing, got her BA at Fordham, her MS in Nursing at City University of New York's Lehman College and her PhD in Nursing from New York University. She has been an ICU staff nurse at San Francisco County Hospital and Mount Sinai Hospital.



VNSNY Hospice and Palliative Care

VNSNY Hospice and Palliative Care provides expert, compassionate care for patients living with serious illness at the end of life that addresses the physical, emotional, spiritual, and bereavement needs of individuals and families. VNSNY Hospice patients live at home, in nursing homes, in assisted living communities, and in our Goodman-Brown Hospice Residence in Manhattan. The Haven, a 25-bed specialty care unit located at Bellevue Hospital Center, provides inpatient level of care. The SPARK program provides palliative care through partnerships with managed care organizations.

Licensed by the NYS Department of Health, VNSNY Hospice and Palliative Care is the only New York City hospice serving all five boroughs. It has a staff of more than 300 nurses, doctors, social workers, spiritual care specialists, bereavement counselors, and support staff, as well as over 300 active volunteers.

Visiting Nurse Service of New York (VNSNY) is the largest not-for-profit home health care agency in the United States. Established in 1893, VNSNY provides services in the five boroughs of New York City and Nassau and Westchester Counties. A comprehensive array of home- and community-based programs enables VNSNY to meet the diverse health and personal care needs of the more than 31,000 people in our care on any given day.



Visiting Nurse Service of New York
1210 Broadway, New York, NY 10001
www.vnsny.org/hospice



Exploring Nutrition and Hydration at the End of Life

A Symposium Presented by
VNSNY Hospice and
Palliative Care

Friday, February 8, 2013
8:00 a.m.—2:00 p.m.

VNSNY Headquarters Auditorium
107 East 70th Street, Manhattan

Please RSVP by January 25
to Shannon Harris at 212-760-3168 /
shannon.harris@vnsny.org

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Event Schedule

- 8:00 a.m. Registration and Breakfast**
- 8:30 a.m. Welcome and Remarks**
Scott M. Klein, MD, MHA, FAAP, FAAHPM
- 9:00 a.m. Introduction to Hospice Nutrition**
Deborah Grayson, RD, MS, MPH
- 9:45 a.m. Voluntarily Stopping Eating and Drinking: Clinical and Ethical Issues**
Timothy W. Kirk, PhD
Judith L. Schwarz, RN, PhD
- 10:45 a.m. Break**
- 11:00 a.m. Holistic Approach to Nutrition: Physiology, Culture and Language**
Eugene Perlo, MD
- 12:00 p.m. Panel Discussion: Case Studies**
Moderator:
Scott M. Klein, MD, MHA, FAAP, FAAHPM
Panel:
Deborah Grayson, RD, MS, MPH
Timothy Kirk, PhD
Eugene Perlo, MD
Judith L. Schwarz, RN, PhD
- 1:00 p.m. Closing Remarks and Lunch**
Scott M. Klein, MD, MHA, FAAP, FAAHPM

Our Symposium Presenters

Featured Speakers

**Deborah Grayson,
RD, MS, MPH**



Ms. Grayson has been the nutritionist for VNSNY Hospice and Palliative Care for the past 11 years. She has her BA in Psychology from the University of California (Santa Barbara), her RD and MS in Nutrition from New York University and her MPH from City University of New York Hunter College. She also has worked as a nutrition supervisor at the Robert Mapplehorpe Residential Treatment Facility (a nursing home for people with HIV/AIDS) and was an adjunct professor in the Nutrition Department at CUNY Hunter College.

Seminar Location

VNSNY Headquarters Auditorium
107 East 70th Street,
(Between Park & Lexington)
Manhattan

Please RSVP by January 25

For more information about this Symposium please contact:

Shannon Harris
VNSNY Hospice and Palliative Care
212-760-3168
shannon.harris@vnsny.org

Our Symposium Presenters

Timothy W. Kirk, PhD



Dr. Kirk is Assistant Professor of Philosophy at the City University of New York—York College, where his research specializes in ethical and philosophical issues embedded in the practice of hospice and palliative care nursing. He is also an ethics consultant with VNSNY Hospice and Palliative Care. Previously, he was the Catheline di Siena Fellow in Ethics at Villanova University. He has his BA from Bucknell University and both his MA and PhD from Villanova. Dr. Kirk has advised hospices across the nation in developing and implementing organizational policies and practices related to healthcare ethics, and has worked with the National Hospice and Palliative Care Organization and the Hospice and Palliative Care Organization of New York State on policy and legislative initiatives to blend sound and explicitly ethical reasoning with evidence-based practice guidelines, including guidelines addressing nutrition and hydration. Together with Isaac Jennings, he is editor of *Hospice Ethics*, forthcoming from Oxford University Press in 2013.

**Scott M. Klein, MD,
MHA, FAAP, FAAHPM**



Dr. Klein has been the Chief Medical Officer at VNSNY Hospice and Palliative Care since April, 2011. He received his BA at Lehigh University, Master's in Health Services Administration from the University of Michigan School of Public Health and his M.D. from the Medical College of Pennsylvania (now Drexel University College of Medicine). Prior to joining VNSNY, he was Director of Pediatric Critical Care at Maimonides and at its affiliates, Lutheran and St. Vincent on Staten Island as well as Associate Medical Director at Maimonides. Also, he was pediatric medical director for the Hospice Care Network and a consultant at St. Mary's Hospital for Children.